
A PATIENT'S GUIDE TO

COMMUNITY RESOURCES



PROVIDED BY
Bay Area Hospital
Case Management Services
1775 Thompson Road
Coos Bay, Oregon 97420
541-269-8411

Sometimes, after a hospital stay for an illness, surgery, or accident, additional care is needed for a period of time.

This guide is an overview of services or care available on the Southern Oregon Coast.

It is intended only to summarize your options.

Your Physician or Case Management Staff may talk with you in detail about your individual situation and may provide you with additional suggestions or information to help you reach the best decision for you and your family.

PLEASE TAKE NOTE:

- This guide is not an endorsement of any service or provider.
- The information is subject to change without notice.
- Some fees for services found in this guide can be billed to your insurance plan, however, payment is the responsibility of the patient.

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Introduction to Alternative Care Settings

Living at home is not always the best choice for everyone. When living at home is no longer desired, or feasible, a variety of alternatives are available.

Retirement Communities are residential settings for active adults. Housing options range from apartment settings to more personalized care as one's health declines, which often allow the resident to remain within the same residential setting. Most provide support services such as meals, housekeeping, transportation, recreational and social programs.

Continuing Care Retirement Communities offer older adults the option of contracting with a retirement community for living accommodations and the security of knowing continuing care services will be available as their needs change. Substantial entry fees are usually charged.

Adult Foster Care services are a popular choice for seniors and people with disabilities as they provide care and assistance in a home-like setting. Homes are located in residential neighborhoods and serve between one to five residents. Costs are typically far less than nursing facility care. Adult Foster Homes are licensed and regulated by the State of Oregon Department of Human Services.

Assisted Living Facilities are congregate living centers with apartment style living quarters for seniors and people with disabilities. Services are tailored to the individual's needs and include personal care, bathing, medication management, laundry, and supervision. Nursing services may be included.

Residential Care Facilities are congregate living centers for seniors and people with disabilities. They provide supportive care and supervision, such as meals, laundry, bathing, and personal care. Generally, residents do not require professional nursing-related services.

Facilities with Alzheimer's Dementia Endorsed Care Units provide care in a safe, secure environment for seniors and people with disabilities that have Alzheimer's or a dementia related diagnosis. Services include supervision, personal care, meals, laundry, and medication management. These units are usually offered in a nursing facility or residential care facility setting.

Level of Care Chart

ADL = Activities of Daily Living

<u>Retirement</u> 0 Independent	1 Minimum Assist	<u>Assisted Living</u> 2 Stand-By Assist	3 Hands-on Assist	<u>Skilled Nursing</u> 4 Total Assist
<ul style="list-style-type: none"> ▪ Independent in an emergency <ul style="list-style-type: none"> ▪ Able to negotiate stairs in an emergency 	<ul style="list-style-type: none"> ▪ Able to respond in an emergency 	<ul style="list-style-type: none"> ▪ May need assistance in an emergency 	<ul style="list-style-type: none"> ▪ Needs assistance in an emergency 	<ul style="list-style-type: none"> ▪ Needs supervision in an emergency
<p>Able to accomplish all ADLs without intervention from staff or family, include:</p> <ul style="list-style-type: none"> ▪ bathe, dress, groom, transfer & ambulate, toilet, eat, take medications, and communicate independently 	<p>Walks/transfers independently; infrequent falls. ADLs:</p> <ul style="list-style-type: none"> ▪ Independent to verbal reminders ▪ Independent with medications/ doctor's appointments ▪ Continent bowel/bladder independently bathes 	<p>Transfer stand-by assistance may be needed. ADLs:</p> <ul style="list-style-type: none"> ▪ Reminders to verbal cues ▪ Medications management helpful ▪ Occasional incontinence assistance ▪ Bathing set-up helpful 	<p>Transfer one-person assistance usually needed. ADLs:</p> <ul style="list-style-type: none"> ▪ Verbal cues to hands-on assistance ▪ Medication management ▪ Incontinence management ▪ Bathing assistance needed 	<p>Transfer mechanical lift/ two-person transfer/ bedfast ADLs:</p> <ul style="list-style-type: none"> ▪ Hands-on assistance ▪ Medication/ behavior management ▪ Bathing assistance
<ul style="list-style-type: none"> ▪ Meals/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Meals/nutrition/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Meals/nutrition/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Meals/nutrition/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Verbal cues/ hands-on assistance to eat
<ul style="list-style-type: none"> ▪ Able to independently plan social activities 	<ul style="list-style-type: none"> ▪ Would benefit from socialization and activities with minor encouragement 	<ul style="list-style-type: none"> ▪ Reminders/ encourage to participate in activities 	<ul style="list-style-type: none"> ▪ Encourage/ escort to participate in activities 	<ul style="list-style-type: none"> ▪ Encourage/ escort to activities or one-on-one visits
<ul style="list-style-type: none"> ▪ Limited room service 	<ul style="list-style-type: none"> ▪ Oriented to self/ little memory impairment 	<ul style="list-style-type: none"> ▪ Mild memory impairment/ sometimes disoriented 	<ul style="list-style-type: none"> ▪ Impaired memory/ poor orientation/ mild confusion 	<ul style="list-style-type: none"> ▪ Needs 24-hour nursing supervision or skilled therapy services
<ul style="list-style-type: none"> ▪ Does not medically "need" to move out of current setting 	<ul style="list-style-type: none"> ▪ Family "slightly concerned" 	<ul style="list-style-type: none"> ▪ Family "concerned" 	<ul style="list-style-type: none"> ▪ Family "very concerned, have to do something" 	<ul style="list-style-type: none"> ▪ Needs continuous assistance

Home Health & Hospice Agencies

(Call or visit for availability)

Bay Area Hospital Home Health Agency

3950 Sherman Ave.
North Bend, OR 97459
Call for hours
(541) 269-5454
FAX (541) 269-2828

<http://bayareahospital.org/hhealth.html>

Services

Home Health	Yes
Hospice	No

Service Area

Bay Area and Lakeside

Coquille Valley Hospital Home Health Agency

942 N. Central
Coquille, OR 97423
(541) 824-0106
FAX (541) 824-0107

<http://cvhospital.org/>

Services

Home Health	Yes
Hospice	No

Service Area

Bandon, Coquille, Myrtle Point, Powers, and outlying areas

Coastal Home Health & Hospice

Main Office

PO Box 493
29984 N Ellensburg
Ave
Gold Beach, OR
97444

(541) 247-7084
FAX (888) 611-8233
Toll Free
(800) 535-9472

Bandon

1010 1st Street
S.E. #265

(541) 347-8608
FAX Admissions
(866) 611-8843

Brookings

PO Box 6042
306 Wharf Street
Brookings, OR
97415

(541) 469-0405

Services

Home Health	Yes
Hospice	Yes

Service Area

North to Coos County,
including Langlois

Pacific Home Care Associates, Inc

Coos Bay

455 South 4th Street, Suite 3
Coos Bay, OR 97420

(541) 266-7005
FAX (541) 266-7008
Toll Free (877) 322-8600

Services

Home Health	Yes
Hospice	Yes

Physical/Occupational/Speech Therapy

Service Area

Bandon, Charleston, Coos Bay, Coquille,
Gardiner, Lakeside, North Bend, Reedsport,
Scottsburg

<p align="center"><u>Peace Harbor Home Health & Hospice</u></p> <p align="center">2230 Kingwood Street, Florence, OR 97439 Mailing address: 400 9th Street Florence, OR 97439</p> <p align="center">(541) 997-3418 FAX (541) 902-6740 http://www.peacehealth.org/</p>	<p align="center">Services</p> <table border="0"> <tr> <td>Home Health</td> <td>Yes</td> </tr> <tr> <td>Hospice</td> <td>Yes</td> </tr> </table> <p align="center">Service Area</p> <p align="center">Western Lane County</p>	Home Health	Yes	Hospice	Yes						
Home Health	Yes										
Hospice	Yes										
<p align="center"><u>South Coast Hospice</u></p> <p align="center">1620 Thompson Road Coos Bay, OR 97420</p> <p align="center">(541) 269-2986 FAX (541) 269-7987 http://www.schospice.org/</p>	<p align="center">Services</p> <table border="0"> <tr> <td>Home Health</td> <td>No</td> </tr> <tr> <td>Hospice</td> <td>Yes</td> </tr> </table> <p align="center">Service Area</p> <p align="center">Coos County</p>	Home Health	No	Hospice	Yes						
Home Health	No										
Hospice	Yes										
<p align="center"><u>Sutter Coast Home Health & Palliative Care</u></p> <table border="0"> <tr> <td align="center"><u>Curry County</u></td> <td align="center"><u>Del Norte</u></td> </tr> <tr> <td>409 Hillside Avenue Suite B Brookings, OR 97415 <u>contact through office in Crescent City</u> (707) 464-8741</td> <td>785 E Washington Blvd Suite 14 Mailing address: 800 E Washington Blvd. Crescent City, CA 95531 (707) 464-8741 FAX (707) 464-3742</td> </tr> </table>	<u>Curry County</u>	<u>Del Norte</u>	409 Hillside Avenue Suite B Brookings, OR 97415 <u>contact through office in Crescent City</u> (707) 464-8741	785 E Washington Blvd Suite 14 Mailing address: 800 E Washington Blvd. Crescent City, CA 95531 (707) 464-8741 FAX (707) 464-3742	<p align="center">Services</p> <table border="0"> <tr> <td>Home Health</td> <td>Yes</td> </tr> <tr> <td>Palliative Care</td> <td>Yes</td> </tr> <tr> <td>Hospice</td> <td>No</td> </tr> </table> <p align="center">Service Area</p> <p align="center"><u>Curry County Office</u> Southern Oregon Border North to Pistol River</p> <p align="center"><u>Del Norte Office</u> All of Del Norte County</p>	Home Health	Yes	Palliative Care	Yes	Hospice	No
<u>Curry County</u>	<u>Del Norte</u>										
409 Hillside Avenue Suite B Brookings, OR 97415 <u>contact through office in Crescent City</u> (707) 464-8741	785 E Washington Blvd Suite 14 Mailing address: 800 E Washington Blvd. Crescent City, CA 95531 (707) 464-8741 FAX (707) 464-3742										
Home Health	Yes										
Palliative Care	Yes										
Hospice	No										

For additional information on qualifying for Home Health or Hospice benefits through Medicare, ask your Case Manager/Discharge Planner for more information.

You may also visit www.Medicare.gov or call 1-800-Medicare (1-800-633-4223)

Skilled Nursing Facilities

(Call or visit for availability)

Bandon	Brookings	Coquille
<p><u>Southern Coos Hospital Swing Bed Program</u></p> <p>900 11th Street SE Bandon, OR 97411 (541) 347-2426 FAX (541) 347-0514</p> <p>http://www.southerncoos.org</p>	<p><u>Curry Good Samaritan Center</u></p> <p>1 Park Avenue Brookings, OR 97415 (541) 469-3111 FAX (541) 469-5970</p> <p>http://www.good-sam.com/</p> <p>Also offers intermediate care & respite care & contracts with the Veterans Administration</p>	<p><u>Coquille Valley Hospital Swing Bed</u></p> <p>940 East 5th Street Coquille, OR 97423 (541) 396-5760</p> <p>www.cvhospital.org/</p>

Coos Bay

Avamere Rehabilitation

2625 Coos Bay Blvd.
Coos Bay, OR 97420
(541) 267-2161
FAX (541) 267-3098

This facility contracts with the Veterans Administration

<http://www.avamere.com/>

Life Care Center of Coos Bay

2890 Ocean Blvd.
Coos Bay, OR 97420
(541) 267-5433
FAX (541) 266-3553

Also offers intermediate care and respite care

<http://www.lcca.com/facility.asp?id=200>

Florence	Gold Beach
<p><u>Regency Florence</u></p> <p>1951 E. 21st Street, Florence, OR 97439</p> <p>(541) 997-8436 FAX (541) 997-4407</p> <p>Also offers intermediate care & respite care.</p> <p>www.regencypacificinc.com</p>	<p><u>Curry General Hospital Swing Bed</u></p> <p>4220 Fourth St. Gold Beach, OR 97444</p> <p>(541) 247-6621 FAX (541) 247-3101 Toll Free (800) 445-8085</p> <p>www.curryhealthnetwork.com/</p>

Myrtle Point	North Bend
<p data-bbox="298 222 669 254"><u>Myrtle Point Care Center</u></p> <p data-bbox="172 296 792 474">637 Ash Street Myrtle Point, OR 97458 (541) 572-2066 FAX (541) 572-5477 Also offers intermediate care & respite care.</p> <p data-bbox="269 552 699 583">http://www.mpcarecenter.com/</p>	<p data-bbox="1029 222 1276 254"><u>Baycrest Village</u></p> <p data-bbox="873 296 1432 510">3959 Sheridan Avenue North Bend, OR 97459 (541) 756-4151 FAX (541) 756-1049 Toll free (800) 752-7252 Also offers intermediate care & respite care</p> <p data-bbox="922 546 1382 577">http://www.baycrest-village.com/</p>

Reedsport

Aidan Senior Living at Reedsport

600 Ranch Road
Reedsport, OR 97467
(541) 271-5841
FAX (541) 271-6357
Also offers intermediate care & respite care.

<http://www.lowerumpquahospital.com/>

You may also visit www.Medicare.gov or call 1-800-Medicare (1-800-633-4223).

Assisted Living, Residential Care & Retirement Communities

(Call or visit for availability)

Coos Bay

North Bend

Baycrest Village Memory Care

955 Kentucky Avenue
Coos Bay, OR 97420
(541) 888-0130
FAX (541) 888-6724

Also offers intermediate care and respite care.
<http://www.baycrest-village.com/memorycare>

Bay Side Terrace

192 Norman Ave.
Coos Bay, OR 97420
(541) 888-2255
FAX (541) 888-3598

Ocean Ridge Retirement & Assisted Living Residence

1855 SE Ocean Blvd
Coos Bay, OR 97420
(541) 267-4000
FAX (541) 269-1672

<http://www.oceanridgeseniorliving.com/>

Baycrest Village "Catered" Living Suites

3959 Sheridan Avenue
North Bend, OR 97459
(541) 756-4151 ext 631
FAX (541) 756-1049

<http://www.baycrest-village.com/assistedliving>

Evergreen Court Retirement Community

451 O'Connell
North Bend, OR 97459
(541) 756-4466
FAX (541) 751-7715

www.baycrest-village.com/independentliving.html

Inland Point Senior Community Assisted Living Residence & Senior Estates

2290 Inland Drive
North Bend, OR 97459
(541) 756-0176
FAX (541) 756-8405

www.reveraliving.com

Bandon

Harmony Estates Residential Care Center

87326 McTimmons Lane
Bandon, OR 97411
(541) 347-7709 or
(541) 347-9631
FAX (same as phone)

Pacific View

1000 6th Avenue West
Bandon, OR 97411
(541) 347-7502
FAX (541) 347-7802

<http://www.pacificviewsl.com.com>

West Wind Court

465 SW 4th Street
Bandon, OR 97411
(541) 347-9497
FAX (541) 347-5321

Brookings

Chetco Inn Residential Care Facility

417 Fern Street
Brookings, OR 97415
(541) 469-5347
FAX (541) 469-5348

Macklyn Place

755 Elk Drive
Brookings, OR 97415
(541) 469-7182
FAX (541) 469-5672

Florence

Spruce Point Assisted Living Community

375 Ninth Street
Florence, OR 97439
(541) 997-6111
FAX (541) 997-5747

www.prestigecare.com
Select Spruce Point

Gold Beach

Shore Pines Assisted Living Community

93975 Ocean Way
Gold Beach, OR 97444
(541) 247-0333
FAX Main office (541) 247-9585

Adult Foster Homes

State of Oregon - Department of Human Services

Aging and People with Disabilities (APD) Aging and Disability Resource Connection (ADRC)

APD maintains a list of licensed Adult Foster Homes.
For a copy of this list contact your local APD office listed below:

Coos County: (541) 756-2017 Coos Bay
Curry County: (541) 247-4515 Gold Beach
(800) 257-1385
Douglas County: (541) 271-4835 Reedsport
Lane County: (541) 997-8251 Florence

http://www.oregon.gov/DHS/spwpd/lrc/lrc_guide/whataremychoices.shtml

<https://www.adrcforegon.org/consite/index.php>

Medical Equipment / Supplies

(Call or visit for availability)

Apria Healthcare

www.apria.com

Crescent City

630 G Street
Crescent City, CA 95531
(707) 464-4242
FAX (707) 464-2879

Service Area

Crescent City Store: North to Gold Beach, South to Klamath County, East to Gasquet

Byram

(877) 902-9726 order by phone
(866) 811-4500 order by FAX

A specialized provider of medical supplies to patients in the home. Call or visit the website to request a catalog or to place an order.

<http://www.byramhealthcare.com/>

Coram

Portland
Toll Free (877) 502-6726
Direct (503) 684-3046
FAX (503) 684-6627

Coram is a national provider of home infusion services and specialty pharmacy distribution.

<http://www.coramhc.com/>

Home Parenteral Care Inc

1000 South Bertelsen Road #5
Eugene, OR 97402
(541) 683-3700

Lincare

www.lincare.com

Coos Bay

155 N
Schoneman
Ave
Coos Bay, OR
97420

(541) 269-0607
FAX

(541) 269-5935

Brookings

16290 Tolman
Lane, Unit 101
Brookings, OR
97415

(541) 469-3989
Toll Free

(800) 951-8210
FAX

(541) 469-7517

Florence

1535 9th Street,
#B
Florence, OR
97439

(541) 902-7734
FAX

(541) 997-0882

Service Area

Coos Bay: North to Lakeside, South to Port Orford,
East to Powers, Winchester Bay

Brookings & Florence:
Call for Information

Call for hours

Pacific Medical Services

2674 Broadway
North Bend, OR 97459
(541) 756-9016
FAX (541) 756-9017

Raindance Laundry and Healthcare Services

350 LaClair Street
Coos Bay, OR 97420
(541) 888-9406
FAX (541) 888-3986
Toll free (800) 756-3073

Sweet Dreams

1870 Highway 126, Suite F
Florence, OR 97439
(541) 997-1550
FAX (541) 997-2494

O₂, CPAP and BiPAP supplies
Licensed Respiratory Therapist
Home set-up
Coos, Lane & Douglas Counties

Walgreen's

3411 Broadway St.
North Bend, OR 97459
(541) 756-0118

Durable medical equipment for
home infusion

-
- A physician's prescription is required before insurance companies will consider payment for medical equipment at home.
 - Equipment, supply, and maintenance benefits vary with different insurance companies.
 - Policy holders should call their insurance company to inquire about benefits, preferred providers and pre-authorization requirements for equipment and supplies.
 - Check with the equipment vendor about your insurance issues.
 - It is the responsibility of the patient to obtain equipment and supplies needed for home use.
 - This guide is not an endorsement of any service or provider.
 - The information is subject to change without notice.
 - Some fees for services found in this guide can be billed to your insurance plan, however, payment is the responsibility of the patient.

Low Cost Used Equipment

(Call or visit for availability)

Coos Bay

Quiet Circle Thrift Store

254 South 2nd Street
Coos Bay, OR 97420
(541) 267-6890

Salvation Army Thrift Store

306 South 2nd Street
Coos Bay, OR 97420
(541) 269-9704
Social Services (541) 808-5202
<http://www.salvationarmyusa.org/>

North Bend

Goodwill

3698 Broadway
North Bend, OR 97459
(541) 269-9150
FAX (541) 269-9409
<http://www.goodwill.org/>

South Coast Hospice

1955 Meade Street
North Bend, OR 97459
(541) 269-9611
FAX (541) 756-4352
<http://www.schospice.org/>

Coquille

Whoozits, Whatzits, Gadgets, & Widgets

207 East First Street
Coquille, OR 97423
(541) 396-5986

Reedsport

Sunrise Shop & Save

1401 US Highway 101
Reedsport, OR 9746
(541) 271-0553

Gold Beach

Christian Help Thrift

29813 Colvin Street
Gold Beach, OR
(541) 247-4054
FAX (541) 247-7671

Outpatient Rehabilitation Services

(Call or visit for availability)

	Services Offered
<p><u>Bay Area Hospital</u> 1775 Thompson Rd Coos Bay, OR 97420 (541) 269-8013 FAX (541) 269-8398</p>	<p>Physical Therapy Occupational Therapy Speech Therapy Wound Clinic (541) 269-4180</p>
<p><u>Brookings Harbor Physical Therapy & Rehabilitation/</u> <u>John Breuer</u> 565 5th Street Brookings, OR 97415 (541) 469-1062 FAX (541) 469-8477</p>	<p>Physical Therapy Occupational Therapy Speech Therapy</p>
<p><u>Coastal Physical Therapy</u> 580 5th Street, Ste #600 Brookings, OR 97415 (541) 469-7314 FAX (541) 469-3669</p>	<p>Physical Therapy Aquatic Therapy</p>
<p><u>Gold Beach Physical Therapy & Rehabilitation</u> 29692 Ellensburg Ave. Gold Beach, Oregon 97444 (541) 247-2254 FAX (541) 247-6393</p>	<p>Physical Therapy Occupational Therapy (limited)</p>
<p><u>Lower Umpqua Rehabilitation</u> 600 Ranch Road Reedsport, OR 97467 (541) 271-6318 FAX (541) 271-6376</p>	<p>Physical Therapy Occupational Therapy Speech Therapy</p>
<p><u>North Bend Medical Center</u> 1900 Woodland Dr. Coos Bay, OR 97420 (541) 266-1223 FAX (541) 266-4526</p>	<p>Physical Therapy Occupational Therapy Certified Hand Therapist</p>
<p><u>South Coast Orthopedic Physical Therapy</u> 2645 N. 17th Street Coos Bay, OR 97420 (541) 266-3658 FAX (541) 267-5395</p>	<p>Physical Therapy</p>
	Services Offered

Southwest Physical Therapy & John Breuer Rehab Services

Coos Bay

1650 Thompson Rd
Coos Bay, OR
97420

(541) 269-7212
FAX

(541) 267-5260

Coquille

279 North Central
Coquille, OR 97423

(541) 396-3341
FAX

(541) 396-5093

Bandon

913 SE 11th St., #1
Bandon, OR 97411

(541) 347-4314
FAX

(541) 347-8006

Physical Therapy
Occupational Therapy
Gym program

Zomerschoe Spine-Neuro Rehab

1957 Thompson Road
Coos Bay, OR 97420

(541) 266-7050
FAX (541) 266-0180

Physical Therapy

Diabetes Information

(Call or visit for availability)

Bay Area Hospital

Patient Education (541) 269-8076

<u>Diabetes Self-Management Program</u>	<u>Free Diabetes Review Class</u>	<u>Free “Diabetes Prevention Class”</u>
Scholarship available for those who are unable to afford class	For those who have had previous diabetes education. Offered 1 st Tuesday, every month, at noon	Information on slowing or stopping diabetes progression. Offered 4 times a year: Jan, April, July and October
Sign-up for class call (541) 269-8349	Sign-up for class call (541) 266-8076	Sign-up for class call (541) 266-8076

South Coast Diabetes Association

Service area Bandon to California state line North to Coos County including Langlois.

FREE ongoing diabetes discussion / support group meetings. (541) 756-9054

Offers some short term assistance for diabetes supplies and medications on an emergency basis—all insulin assistance must have a prescription to be filled.

Assistance only available to an individual once per year

www.southcoastdiabetes.org

Glucometers

Also ask for specials at major retail pharmacies

All meters have a toll-free phone number on the back of the meter for assistance.

MANUFACTURER ASSISTANCE OR INFORMATION AVAILABLE:

Abbott

Blood glucose strips

General product support: (888) 522-5226

FreeStyle InsuLinx Support (800) 222-3100

FreeStyle Promise Support (877) 318-1966

Patient assistance program (800) 222-6885

www.myfreestyle.com

Accuchek/Roche

For savings card--from web site:

Select- “USA“ Click on the map of the United States

Click on “Order Connect Tool Kit” (the co-pay savings card with the cash pay option is called the Connect Card.)

(800) 858-8072 24-hour Customer Care Center

(number on the back of ACCU-CHEK® meters)

<http://www.accu-chek.com/us/>

Bayer

(800) 348-8100

www.bayercontour.com

Lantus (Sanofi-Aventis)

Lantus Connection
(877) 591-1068

Lilly

Insulin (such as Humalog, NPH, 70/30, etc.)
(855) 559-8783
www.lillycares.com

Novo Nordisk Pharmaceuticals

Novo Nordisk Patient Assistance Program for insulin (Levemir, Victoza, NovoLog)
(866) 310-7549 (EST hours)
<http://www.novonordisk-us.com/documents/>

Sanofi-aventis Patient Assistance

(888) 847-4877
www.sanofi.us

MEDICARE INFORMATION:

Life First / One Touch

www.onetouch.com

Life Scan for information (800) 227-8862

FINANCIAL AID FOR EYE CARE:

EyeCare America: Toll free (877) 887-6327	Mission Cataract USA http://missioncataractusa.org/
Vision USA: Toll free (800) 766-4466	InfantSEE http://www.infantsee.org/
Lions Club International: To find a Lions Club near you visit: https://directory.lionsclubs.org/	

EYEGLASSES:

Sight for Students: Vision Service Plan (VSP) Toll free (888) 290-4964 http://www.sightforstudents.org/	New Eyes for the Needy: Provides vouchers for purchase of new prescription eyeglasses http://www.new-eyes.org/
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GOVERNMENT PROGRAMS:

Medicare Benefit for Eye Exams: Toll free (800) 633-4227 http://www.medicare.gov/	State Children’s Health Insurance Program (SCHIP) Toll free (877) 543-7669 http://www.insurekidsnow.gov/
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For the most up-to-date information, you may wish to visit:
<https://www.nei.nih.gov/health/financialaid>

In-Home Service

(Call or visit for availability)

<p><u>Assured Quality Home Care</u> 340 Central Ave Coos Bay, OR 97420 (541) 808-2355</p> <p>http://aqhcinc.com/</p>	<p>Home Care, Personal Care, Medication Management, Nursing Services</p>		
<p><u>Care Connection</u></p> <table border="0"><tr><td data-bbox="162 548 511 863"><p><u>Coos County</u> 1988 Newmark Avenue Coos Bay, OR 97420 (541) 888-7957 (800) 611-7555 <u>Childcare resource & referral</u> (541) 888-7957</p></td><td data-bbox="511 548 992 863"><p><u>Curry County</u> 94145 West 5th Place Gold Beach, OR 97444 (541) 813-1674 <u>Childcare resource & referral</u> (541) 813-1674</p></td></tr></table>	<p><u>Coos County</u> 1988 Newmark Avenue Coos Bay, OR 97420 (541) 888-7957 (800) 611-7555 <u>Childcare resource & referral</u> (541) 888-7957</p>	<p><u>Curry County</u> 94145 West 5th Place Gold Beach, OR 97444 (541) 813-1674 <u>Childcare resource & referral</u> (541) 813-1674</p>	<p>Childcare resource and referral</p> <p>Lifespan referral Network</p>
<p><u>Coos County</u> 1988 Newmark Avenue Coos Bay, OR 97420 (541) 888-7957 (800) 611-7555 <u>Childcare resource & referral</u> (541) 888-7957</p>	<p><u>Curry County</u> 94145 West 5th Place Gold Beach, OR 97444 (541) 813-1674 <u>Childcare resource & referral</u> (541) 813-1674</p>		
<p><u>Coos–Curry In-Home Services</u></p> <p>http://www.scbec.org/scbec-senior-services-in-home-services.htm</p> <table border="0"><tr><td data-bbox="162 1083 511 1329"><p><u>Coos County</u> 93781 Newport Lane Coos Bay, OR 97420 (541) 269-2013 Toll free (800) 858-5777 FAX (541) 267-0194</p></td><td data-bbox="511 1083 992 1329"><p><u>Curry County</u> 16399 Lower Harbor Road Brookings, OR 97415 (541) 412-1091</p></td></tr></table>	<p><u>Coos County</u> 93781 Newport Lane Coos Bay, OR 97420 (541) 269-2013 Toll free (800) 858-5777 FAX (541) 267-0194</p>	<p><u>Curry County</u> 16399 Lower Harbor Road Brookings, OR 97415 (541) 412-1091</p>	<p>Non-Medical In-Home Care and Services</p> <p>CNAs are available for care under the direction of Registered Nurses</p> <p>Serves available in Gold Beach and Port Orford by appointment only</p>
<p><u>Coos County</u> 93781 Newport Lane Coos Bay, OR 97420 (541) 269-2013 Toll free (800) 858-5777 FAX (541) 267-0194</p>	<p><u>Curry County</u> 16399 Lower Harbor Road Brookings, OR 97415 (541) 412-1091</p>		
<p><u>Guardians by the Sea</u> 16210 East Hoffeldt Lane Brookings, OR 97415 (541) 661-7011</p> <p>http://www.theguardiansbythesea.com/</p>	<p>Personal, Medical, Supportive</p>		
<p><u>Harmony Homecare, LLC</u></p> <table border="0"><tr><td data-bbox="162 1728 511 1938"><p>685 West Anderson Coos Bay, OR 97420 (541) 260-1788 FAX (541) 269-7723</p></td><td data-bbox="511 1728 992 1938"><p>Mail to: 3696 Broadway #208 North Bend, OR 97459</p></td></tr></table> <p>www.harmonyhomecarecoosbay.com</p>	<p>685 West Anderson Coos Bay, OR 97420 (541) 260-1788 FAX (541) 269-7723</p>	<p>Mail to: 3696 Broadway #208 North Bend, OR 97459</p>	<p>Non-Medical In-Home Care and Services</p>
<p>685 West Anderson Coos Bay, OR 97420 (541) 260-1788 FAX (541) 269-7723</p>	<p>Mail to: 3696 Broadway #208 North Bend, OR 97459</p>		

<p style="text-align: center;"><u>Gold Coast Security</u> <u>Emergency Response Systems</u></p> <p><u>Medical Alert Program</u> (541) 267-5000 Gold Coast Security or (800) 525-5001 Oregon Statewide Coos Bay, OR FAX (541) 269-0126</p> <hr/> <p style="text-align: center;"><u>Lifeline</u></p> <p>Coos Bay/North Bend (541) 269-8008 Coquille (541) 842-0106 Brookings (800) 535-9472 Gold Beach (541) 247-7084 x103</p>	<p>Medical Alert System Options</p> <hr/> <p>Local Offices offering installation and service</p>
<p style="text-align: center;"><u>Meals On Wheels</u></p> <p>Bandon (541) 347-3181 Brookings (541) 469-6822 Coos Bay (541) 269-2013 Coquille (541) 396-5341 Gold Beach (541) 247-7506 Lakeside (541) 759-3819 Myrtle Point (541) 572-3151 Reedsport (541) 271-4835</p>	<p>Call for information on Home Meal Delivery or Congregate meals</p>
<p style="text-align: center;"><u>South Coast Business Employment Center</u> <u>Senior Nutrition</u></p> <p>(541) 269-2013 (800) 858-5777 FAX (541) 267-0194 http://www.scbec.org/</p>	<p>Food Assistance Program Coordinates Meals on Wheels for Seniors</p>
<p style="text-align: center;"><u>Simple Treasures In-Home Care</u></p> <p>2222 Broadway North Bend, OR 97459 (541) 269-0833 FAX (541) 751-8079</p>	<p>Non-Medical In-Home Care & Services</p>
<p style="text-align: center;"><u>United Homecare Services</u></p> <p>320-Central Avenue, Suite 314 Coos Bay OR 97420 (541) 267-7411 Toll free (866) 996-9090 FAX (541) 808-3900 http://www.uhs-or.org/</p>	<p>Non-Medical In-Home Care and Services</p>

State of Oregon

Department of Human Services

Aging and People with Disabilities (APD)

Aging and Disability Resource Connection (ADRC)

APD maintains a list of available private caregivers who have registered with their offices.

Caregivers are screened for Oregon criminal background only.

Additional screening and reference checks are recommended.

For a copy of this list, contact your local **APD** office

Coos County:	(541) 756-2017	Coos Bay
Curry County:	(541) 247-4515	Gold Beach
	(800) 257-1385	
Douglas County:	(541) 271-4835	Reedsport
Lane County:	(541) 997-8251	Florence

<http://www.oregon.gov/DHS/STEPS/index.shtml>

<https://www.adrcforegon.org/consite/index.php>

Financial Assistance Programs

(Call or visit for availability)

Area Agency on Aging (SCBEC)

<http://www.oregon.gov/DHS/spwpd/offices.shtml#coos>

93781 Newport Lane
P.O. Box 1118
Coos Bay, OR 97420-4030

North Bend APD
3030 Broadway
North Bend, OR 97459

Curry County

(541) 269-2013
Toll free (800) 858-5777
TTY (541) 267-4477
FAX (541) 267-0194

(541) 756-1861
TTY (541) 759-8799
FAX (541) 756-1861

(541) 412-8820
Toll free (866) 421-3983

Coos Elderly Services

390 South 2nd Street
Coos Bay, OR 97420
(541) 756-1202
FAX (541) 756-0148
<http://cooselderly.org/>

Limited Power of Attorney,
bookkeeping, insurance
assistance
Finance management for
elderly and disabled

Eldercare Service Locator

1-800-677-1116

<http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx>

Connection to community
services

Salvation Army

1155 Flanagan Ave
Coos Bay, OR 97420
(541) 888-5202
Short term emergency assistance
<http://www.salvationarmy.org>

Oregon Coast Community Action

Short Term Assistance
Call for more information

<http://www.oregon.gov/OHCS/>

Coos County

1855 Thomas Ave
Coos Bay, OR 97420
www.orcca.us/
(541) 435-7080
FAX: (541) 435-7101

Curry County

97829 Shopping Center Avenue,
#F
Harbor, OR 97415
(541) 469-3155
FAX (541) 435-7768

State of Oregon – Department of Human Services

(Call or visit for availability)

<http://www.oregon.gov/DHS/index.shtml>

Department of Children, Adults and Families

<p style="text-align: center;">Coos County</p> <table><tr><td><u>Newmark Center</u> 2110 Newmark Avenue Coos Bay, OR 97420 (541) 888-2667</td><td><u>Sheridan Office</u> 2025 Sheridan Avenue North Bend, OR 97459 (541) 756-5500 FAX (541) 756-1861</td></tr></table>	<u>Newmark Center</u> 2110 Newmark Avenue Coos Bay, OR 97420 (541) 888-2667	<u>Sheridan Office</u> 2025 Sheridan Avenue North Bend, OR 97459 (541) 756-5500 FAX (541) 756-1861	
<u>Newmark Center</u> 2110 Newmark Avenue Coos Bay, OR 97420 (541) 888-2667	<u>Sheridan Office</u> 2025 Sheridan Avenue North Bend, OR 97459 (541) 756-5500 FAX (541) 756-1861		
<p style="text-align: center;">Curry County</p> <p style="text-align: center;"><u>Gold Beach Multiple Services Office</u> 94145 West 5th Place Gold Beach, OR 97444 (541) 247-5437 FAX (541) 247-6999 Mon-Fri 8:00 am – 5:00 pm</p> <p style="text-align: center;">DHS, employment, and SCBEC services</p>	<p>Food Assistance</p> <p>Food stamps</p> <p>Medicaid</p> <p>Oregon Health Plan</p> <p>Public Assistance</p>		
<p style="text-align: center;">Douglas County Child Welfare</p> <table><tr><td><u>Roseburg Branch</u> 1937 West Harvard Avenue Roseburg, OR 97471 (541) 440-3373 FAX (541) 673-9938 Toll free (800) 305-2903</td><td><u>West Office</u> 2630 Frontage Road Reedsport, OR 97467 (541) 271-4851 FAX (541) 271-5162</td></tr></table>	<u>Roseburg Branch</u> 1937 West Harvard Avenue Roseburg, OR 97471 (541) 440-3373 FAX (541) 673-9938 Toll free (800) 305-2903	<u>West Office</u> 2630 Frontage Road Reedsport, OR 97467 (541) 271-4851 FAX (541) 271-5162	<p>Temporary Housing Assistance</p>
<u>Roseburg Branch</u> 1937 West Harvard Avenue Roseburg, OR 97471 (541) 440-3373 FAX (541) 673-9938 Toll free (800) 305-2903	<u>West Office</u> 2630 Frontage Road Reedsport, OR 97467 (541) 271-4851 FAX (541) 271-5162		
<p style="text-align: center;">Lane County</p> <p style="text-align: center;"><u>Florence Central Coast Resource Center</u> 3180 Highway 101 North Florence, OR 97439 (541) 997-8251 FAX: (541) 997-9137</p>			

Aging and People with Disabilities (APD)

(Call or visit for availability)

<http://www.oregon.gov/DHS/spwpd/offices.shtml>

<p style="text-align: center;">Coos County <u>Coos County Multiple Services Office</u> 3030 Broadway Street North Bend, OR 97459 (541) 756-2017 FAX (541) 756-1861</p>				
<p style="text-align: center;">Curry County</p> <table border="1" style="width: 100%;"><tr><td data-bbox="164 575 695 800"><p><u>Gold Beach Multiple Services Office</u> 94145 West 5th Place Gold Beach, OR 97444 (541) 247-4515 FAX (541) 247-5938 Toll free (800) 257-1385</p></td><td data-bbox="699 575 1128 800"><p><u>Brookings Office</u> 586 5th Street, Suite 200 Brookings, OR 97415 (541) 469-9299 FAX (541) 469-0632 Toll free (800) 419-1371</p></td></tr></table>	<p><u>Gold Beach Multiple Services Office</u> 94145 West 5th Place Gold Beach, OR 97444 (541) 247-4515 FAX (541) 247-5938 Toll free (800) 257-1385</p>	<p><u>Brookings Office</u> 586 5th Street, Suite 200 Brookings, OR 97415 (541) 469-9299 FAX (541) 469-0632 Toll free (800) 419-1371</p>	<p>Food Assistance</p> <p>Food Stamps</p> <p>In-Home Care</p> <p>Nursing Facilities</p> <p>Respite Care</p> <p>Supervised Living</p>	
<p><u>Gold Beach Multiple Services Office</u> 94145 West 5th Place Gold Beach, OR 97444 (541) 247-4515 FAX (541) 247-5938 Toll free (800) 257-1385</p>	<p><u>Brookings Office</u> 586 5th Street, Suite 200 Brookings, OR 97415 (541) 469-9299 FAX (541) 469-0632 Toll free (800) 419-1371</p>			
<p style="text-align: center;">Douglas County Douglas County Senior Services</p> <table border="1" style="width: 100%;"><tr><td data-bbox="155 951 461 1094"><p>Drain 316 West A Ave Drain, OR 97435 (541) 836-7311</p></td><td data-bbox="466 951 792 1094"><p>Reedsport 680 Fir Avenue Reedsport, OR 97467</p></td><td data-bbox="797 951 1128 1094"><p>Roseburg 621 W. Madrone St., #316 Roseburg, OR 97470</p></td></tr></table>	<p>Drain 316 West A Ave Drain, OR 97435 (541) 836-7311</p>	<p>Reedsport 680 Fir Avenue Reedsport, OR 97467</p>	<p>Roseburg 621 W. Madrone St., #316 Roseburg, OR 97470</p>	
<p>Drain 316 West A Ave Drain, OR 97435 (541) 836-7311</p>	<p>Reedsport 680 Fir Avenue Reedsport, OR 97467</p>	<p>Roseburg 621 W. Madrone St., #316 Roseburg, OR 97470</p>		
<p style="text-align: center;">Lane County <u>Florence Central Coast Resource Center</u> 3180 Highway 101 North Florence, OR 97439 (541) 902-9430 FAX: (541) 902-2115</p>				
<p style="text-align: center;"><u>Oregon Office on Disability and Health</u></p> <p>http://www.ohsu.edu/xd/research/centers-institutes/institute-on-development-and-disability/public-health-programs/oodh/oodh.cfm</p>	<p>Improving the health and wellness of Oregonians with disabilities— Collaborative effort between OHSU and Oregon Dept of Human Services, Public Services</p>			

Assistance Programs

(Call or visit for availability)

Insurance

<u>Family Health Insurance Assistance Program (FHIAP) - State of Oregon</u> Toll free (800) 273-0557 Statewide www.oregon.gov/OHA/healthplan	Program that helps Oregon families pay the monthly premium for high-quality, private health insurance plans. Call or visit online for an application.
<u>Oregon Healthy Kids</u> Contact Oregon Health Plan (800) 273-0557 http://www.oregonhealthykids.gov/	Depending on family income, children may be eligible for free or low-cost health coverage for doctor visits, dental care, vision, medicines and more.
<u>Oregon Health Plan</u> (800) 527-5772 TTY: (800) 375-2863 http://egov.oregon.gov/DHS/healthplan	Low income insurance assistance
<u>Oregon Helps</u> http://www.oregonhelps.org/	Oregon Helps is a free and easy assistance program that helps you determine if you are eligible for 33 programs and assistance and provides links to those programs.

Prescription

(Call or visit for availability)

<u>\$4.00 prescriptions</u> Some generic prescriptions available for \$4.00 (in some cases a little less). <u>Call your pharmacy for more information</u>	Ask at your pharmacy if there are any other discount programs you may be eligible for. You can also review your pharmacy's web site, if available, for discount program information.
<u>Helping Patients</u> www.helpingpatients.org	This website is designed to help you find patient assistance programs for which you may qualify.
<u>Medicare Part D: Prescription Drug Coverage</u> Call or visit online for more information (800) 633-4227 www.medicare.gov	Insurance coverage for prescription drugs Includes both brand name and generic drugs Offers a choice of plans

<p><u>Merck Patient Assistance Program</u> www.merckhelps.com</p>	<p>Prescription drug program (800) 727-5400 Vaccine Assistance (800) 293-3881</p>
<p><u>Needy Meds</u> www.needy meds.com</p>	<p>Various drug manufacturer-sponsored patient assistance programs including contact and application information.</p>
<p><u>Oregon Prescription Drug Program (OPDP)</u> (503) 945-7834 (800) 913-4146 Customer Service http://www.oregon.gov/oha/pharmacy/OPDP/Pages/index.aspx</p>	<p>Average savings 50% on prescriptions. Free enrollment and all ELIGIBLE Oregonians can now join.</p>
<p><u>Partnership for Prescription Assistance (PPA)</u> (888) 477-2669 www.pparx.org</p>	<p>More than 2500 brand-name and generic medications are covered at low or no cost. Visit web site or call for more information and applications.</p>
<p><u>Pfizer Pfriends</u> (866) 706-2400 http://www.pfizerhelpfulanswers.com/pages/</p>	<p>Program that helps qualified patients without prescription coverage, regardless of age or income save on many Pfizer medications at participating pharmacies.</p>
<p><u>Rx Assist</u> Volunteers in Health Care search database http://www.rxassist.org/</p>	<p>Patient assistance programs run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine.</p>
<p><u>RX Outreach</u> (800) 769-3880 St. Louis, MO Mon-Fri 7:00 am–5:30 pm CST http://rxoutreach.com/</p>	<p>Low cost generic medication for most mail order prescription drugs with over 400 medications to choose from</p>
<p><u>Rx Savings Plan</u> (877) 673-3688 www.rxsavingsplus.com</p>	<p>Prescription discount program issues card that can be used to save on many prescription medications.</p>

Other Assistance

(Call or visit for availability)

Coos County Pregnancy Resource Center

490 Commercial Ave.
Coos Bay, OR 97420
Office (541) 267-5204
Helpline (800) 395-4357

http://www.possiblypregnant.org/coos_bay/

Low Income Energy Assistance (LIEAP)

Oregon Coast Community Action
(541) 435-7080

<http://lieap.findfamilyresources.com/>

Oregon Coast Community Action

(541) 435-7080

Advocacy

Long-Term Care Ombudsman

3855 Wolverine St. NE, Suite 6
Salem, OR 97305

(503) 378-6533
Toll Free (800) 522-2602

http://www.oregon.gov/LTCO/pages/about_us.aspx

Resident-Centered Advocacy
The Office of the Long-Term Care Ombudsman is a free service available to residents, families, facility staff, and the general public

Legal Services

Child Support Enforcement

4600 25th Ave NE, Suite 180
Salem, OR 97301

(503) 373-7300
Toll Free (800) 850-0228
Outside Oregon (503) 378-5567

<http://www.dcs.state.or.us/>

Oregon Department of Justice
Division of Child Support

Oregon Law Center

455 South 4th Street, Suite 5
P.O. Box 1098
Coos Bay, OR 97420

Coos County (541) 269-1226
Coos/Curry County (800) 303-3638

www.oregonlawcenter.org/olcweb_files/Page503.htm

Providing Access to Justice for low income Oregonians.

Statewide service of legal aid programs throughout Oregon that provides help to low-income persons who have problems with applying for or receiving public benefits, such as welfare, food stamps, or social security.

Other Assistance for Families

(Call or visit for availability)

American Financial Services Association's Education Foundation

(AFSAEF) is non-profit.

The foundation's mission is to help consumers realize the benefits of responsible money management, understand the credit process, and seek help if credit problems occur.

(888) 400-2233

www.afsaef.org

E-mail: info@afsaef.org

American Red Cross

Disaster Relief and Emergency Assistance
Service to Armed Forces
1165 Newmark Ave Ste. D
Coos Bay, OR 97420
(541) 888-6238

Child Care Subsidy

When daycare costs are too high, there is help. The National Association of Child Care Resources is a federally funded agency. They provide helpful information about assistance in a family's local area. They will help your caller find all options for child care payment assistance programs.

Coos Bay/ North Bend, 2025 Sheridan, North Bend, OR 07459
(541) 756-5000

<http://www.oregon.gov/dhs/children/pages/childcare/subsidy.aspx>

Child Support Enforcement

Coos County DA Office

Coos County Courthouse Child Support Services
250 N Baxter St
Coquille, OR 97423-1852
Phone (541) 396-7545
FAX (541) 396-1015
www.dcs.state.or.us/

Federal Trade Commission

Protecting America's Consumers

Identity Theft, National Do-Not-Call Registry, e-mail Spam/Phishing. Anti-Trust

(202) 326-2222

www.ftc.gov

Financial Counseling

Consumer Credit Counseling for Coos, Curry, and SW Douglas Counties

Salem

Coos

Portland

3000 Market Place NE

(541) 267-7040

8800 SE Sunnyside Road

Suite 412

FAX (864) 942-1440

Clackamas, OR 97015

Salem, OR 97301

www.apprisen.com

Oregon Insurance Division

Consumer Advocacy Unit

350 Winter St. NE Room 440 / P.O. Box 14480, Salem, OR 97309

503-947-7984 or 888-877-4894 (toll-free)

Website: www.insurance.oregon.gov

E-mail: cp.ins@state.or.us

Housing Assistance

<p style="text-align: center;"><u>Bay Area First Step</u> (541) 756-3111 FAX: (541) 756-2111</p>	<p style="text-align: center;">Alcohol and Drug-Free Housing for Men and Women in Recovery (Teens evaluated on a case by case basis)</p> <p style="text-align: center;">http://www.bayareafirststep.org/</p>
<p style="text-align: center;"><u>Fair Housing Council of Oregon (HUD)</u> (800) 424-3247 Portland</p>	<p style="text-align: center;">Nonprofit civil rights organization driven to eliminate illegal housing discrimination through enforcement and education across Oregon and southwest Washington</p> <p style="text-align: center;">http://www.fhco.org</p>
<p style="text-align: center;"><u>North Bend City/Coos-Curry Housing Authorities</u> 1700 Monroe Street North Bend, OR 97459</p>	<p style="text-align: center;">Housing Assistance (541) 756-4111 FAX (541) 756-4990</p> <p style="text-align: center;">http://www.ccnbchas.org/</p>
<p style="text-align: center;"><u>Oasis Shelter</u> P.O. Box 932 Gold Beach, OR 97444 (541) 425-5238 or Toll free (800) 247-7600 HOTLINE</p>	<p style="text-align: center;">Serving Survivors of Domestic and Sexual Violence</p> <p style="text-align: center;">http://www.oasisshelterhome.org</p>
<p style="text-align: center;"><u>Oregon Coast Community Action</u> 1855 Thomas Ave. Coos Bay, OR 97420 (541) 435-7080 FAX (541) 435-7101</p>	<p style="text-align: center;">Includes affordable housing units located in Coos Bay, listings of available rentals, housing counseling, and emergency rental assistance, including deposits.</p> <p style="text-align: center;">www.orcca.us</p>
<p style="text-align: center;"><u>2-1-1</u> (866) 698-6155</p>	<p style="text-align: center;">Oregon State's toll free health and social service Hotline. Help to find free or low-cost health care and other important services in your community.</p> <p style="text-align: center;">http://211info.org</p>
<p style="text-align: center;"><u>Outreach Gospel Mission</u> 15701 Hwy 101 South Brookings, OR 97415 (541) 412-0278</p>	<p style="text-align: center;">Curry County Emergency Housing Assistance Emergency Food Assistance Mission Thrift Store Need based food boxes Mon- Sat 10-4</p> <p style="text-align: center;">http://www.bogm.org/</p>
<p style="text-align: center;"><u>ARK</u> Harding Building/Marshfield Campus 755 S. 7th st</p>	<p style="text-align: center;">Teen and Family Resource Center Ages 0-22 Case by Case immediate assistance evaluated</p>

<p>Coos Bay, OR 97420 (541)267-3104 ext.7115</p>	<p>Emergency personal & pantry items as available</p>
<p><u>South Coast Gospel Mission</u> 1999 N. 7th Street Coos Bay, OR 97420 (541) 269-5017 FAX (541) 269-5125</p>	<p>Community meals served Mon-Sat Temporary Housing Assistance Call or visit website for more information http://southcoastgospelmission.org/</p>
<p><u>T.H.E. House</u> 745 Koos Bay Blvd PO BOX 418 Coos Bay, OR 97420 (541) 267-5331</p>	<p>Temporary Housing Assistance Will need picture ID, check in is after 5 p.m. No drugs or alcohol Staffed at all times http://www.thehousecoosbay.com</p>
<p><u>Umpqua Coastal Housing Center</u> Housing Referral Services 1984 Sherman Avenue North Bend, OR 97459 (541) 756-1000 Toll free (866) 572-5635 FAX (866) 572-1970</p>	<p>Umpqua Coastal Housing Center offers homebuyer education, pre-purchase counseling, down payment assistance, Housing Rehab program, and an Individual Development Accounts program. www.nwumpqua.org e-mail: info.coos@nwumpqua.org</p>
<p><u>Women's Safety & Resource Center</u> 1681 Newmark Ave Coos Bay, OR 97420 Business (541) 888-1048 24-Hr Crisis Line (541) 756-7000 Shelter Office (541) 756-2452 Toll free (888) 793-5612</p>	<p>Provides emergency services to victims of domestic violence and assault in Coos County http://www.womensafety.org/index.htm</p>

Food Banks

(Call or visit for availability)

<http://www.foodpantries.org/st/oregon>

Area	Address	Other Info
Bandon	Bandon Good Neighbors LIONS Shed 1100 – 11 th St. SW Bandon City Park	(541) 347-2679
	Bandon Restoration Worship Center 89 North Ave NE	(541) 347-4900 or (541) 404-8100
Brookings	Brookings Food Bank 539 Hemlock Street (at the corner of Willow)	(541) 469-6988
	Outreach Gospel Mission 15701 Hwy 101	(541) 412-6988
Charleston	Charleston Food Pantry 63081 Crown Point Road	(541) 756-4920
Coos Bay	Emmanuel Emergency Food Cupboard 370 Market Street	(541) 269-5829
	Salvation Army 1155 Flanagan Ave. (off Schoneman)	(541) 888-5202
	Coos Bay Seventh Day Adventist 2175 Newmark	(541) 756-5812
Coquille	Coquille SDA Food Pantry 790 W. 17 th Street (Old Jefferson School)	(541) 396-6850
Gold Beach	Gold Beach Christian Help 29813 Colvin Street (behind Courthouse)	(541) 247-4054
	Gold Beach 7 th Day Adventist 94191 3 rd Street	(541) 247-2057
Reedsport	AARP Pantry 810 Greenwood Reedsport, OR 97467	(541)271-3609
	Project Blessing Food Bank 150 S 20 th St Reedsport, OR 97467	(541)271-3928

Myrtle Point	Myrtle Point Food Pantry 1320 Maryland Ave.	(541) 260-4370
North Bend	Bay Area Church of the Nazarene 1850 Clark (off Broadway by Perry's)	(541) 756-2004
	Presbyterian Church Mon-Wed 9:30-12:00 2238 Pony Creek Rd East of Pony Village	(541) 756-4155
	Pelican Harbor at Church of God 1067 Newmark Street (corner of Newmark & Brussels)	(541) 756-6696
Port Orford	The Common Good 1405 Idaho Street	(541) 332-1365
Powers	The Joseph Project 410 Cedar Street	(541) 439-2446 www.orcca.us

Meal Programs

(Call or visit for availability)

BANDON

Project E.A.T.

At "The Barn"-- Bandon City Park
1100 11th Street SW
Bandon, OR 97411
(541) 347-3500

This equal opportunity program is for low income families, singles, and seniors.
The meal is free, but donations are always welcome. Sponsored by donations & grants

BROOKINGS

Outreach Gospel Mission

15701 Hwy 101 S,
Brookings, OR 97411
(541) 412-0278

Chetco Senior Center

550 Chetco Lane
Brookings, OR 97411
(541) 469-6822

St. Timothy's Episcopal Church

401 Fir St.
Brookings, OR 97411
(541) 469-3314

COOS BAY

Bay Area Senior Center

886 S. 4th St
Coos Bay, OR 97420
(541) 269-2626

Nancy Devereux Center

1200 Newmark Ave
Coos Bay, OR 97420
(541) 888-3202

South Coast Gospel Mission

1999 North 7th Street
Coos Bay, OR 97420
(541) 269-5017

T.H.E. House

745 Coos Bay Blvd.
Coos Bay, OR 97420
(541) 267-5331
Residents Only

United Methodist Church

123 Ocean Blvd SE
Coos Bay, OR 97420
(541)267-4410

GOLD BEACH

Gold Beach Senior Center

29841 Airport Way
Gold Beach, OR 97444
(541) 247-7506

MYRTLE POINT

Soup and Sandwich Kitchen

448 Maple Street
Myrtle Point, OR 97458
(541) 572-2094

NORTH BEND

Crossroads Community Café

1972 Sherman Ave (Hostel Bldg)
North Bend, OR 97459
(541) 751-0141

North Bend Senior Activity Center

1470 Airport Lane

North Bend, OR 97459
(541) 756-7622

PORT ORFORD

Port Orford Senior Activity Center

1536 Jackson St.
Port Orford, OR 97465
(541) 332-5771

POWERS

Powers Senior Activity Center

120 East Fir
Powers, OR 97466
(541) 439-3861

Medical/Dental Care for Low-Income / Uninsured

(Call or visit for availability)

<p><u>Bandon Community Health Center</u></p> <p>1010 1st Street SE, Suite 110 Bandon, OR 97411 (541) 347-2529 FAX (541) 347-9196</p>	<p>Medical appointments, Immunizations, Family Planning, Labs Infants, Children & Adolescents Senior Health Insurance Benefits Assistance (SHIBA)</p>
<p><u>OHP/WOAH Advantage Dental</u></p> <p>For emergency dental issues: (866) 268-9631 For non-emergent dental care: (888) 468-0022</p>	<p>For OHP/WOAH patients</p>
<p><u>Umpqua Community Health Center</u></p> <p>150 NE Kenneth Ford Dr Roseburg, OR 97470 (541) 672-9596</p>	<p>Dental services for Douglas, Coos and Curry residents Fees based on a sliding scale only for Douglas County</p>
<p><u>Waterfall Clinic</u></p> <p>1890 Waite Street Suite 1 North Bend, OR 97459 (541) 756-6232 FAX (541) 756-6234</p>	<ul style="list-style-type: none">• Immunizations• Family Planning• Medical Appointments• Dental Hygiene care only• Mental Health Counseling• Please call for appointment availability and program information

Medical Care for Infants, Children, & Adolescents

(Call or visit for availability)

Bay Area Pediatric & Adolescent After Hours Clinic

Located at Bay Clinic
1750 Thompson Road, Coos Bay, OR
97420
(541) 269-0333 ext 400
Toll free (800) 824-8896

Staffed by Bay Clinic and
North Bend Medical Center Pediatricians
Please call for appointment availability
and program information

<http://www.bayclinic.net/>

Bay Clinic Pediatric Department

1750 Thompson Road
Coos Bay, OR 97420
(541) 269-0333 ext 400
Toll free (800) 824-8896

Please call for appointment availability
and program information

<http://bayclinic.net/default.htm>

North Bend Medical Center Pediatric Department

1900 Woodland Drive
Coos Bay, OR 97420
(541) 267-5151 ext 1315
Toll free (800) 234-1231

Please call for appointment availability
and program information

<http://nbmconline.com/welcome.html>

Public Health

(Call or visit for availability)

Coos County Health & Human Services

North Bend Annex
1975 McPherson Street Suite 1
North Bend, OR 97459
(541) 751-2400

<http://www.co.coos.or.us/>

- WIC (Women, Infants & Children)
- Birth / Death Certificate information
- Ryan White HIV program
- Breast and Cervical Cancer prevention program
- Family Planning
- Child & Family Health
- Immunizations for adults & children
- Sexual Transmitted Disease
- Communicable Disease
- Pregnancy referral services / OHP outreach
- Maternal Child Health Home Visiting Programs
- Food Handler cards & testing
- Licensing for restaurants, tourist facilities, day cares, mobile units, pools, spas

Please call for appointment availability and program information

Curry County Public Health Department

94235 Moore Street, Ste #121
Gold Beach, OR 97444
(541) 247-3300
(888) 811-1513

www.co.curry.or.us

- WIC
- Family Planning
- Pediatric Nurse Practitioner
- Immunizations
- Breast and Cervical Cancer

Please call for appointment availability and program information

Douglas County Public Health Department

680 Fir Avenue
Reedsport, OR 97467
Reception only (541) 271-4835
FAX (541) 271-5039

<http://www.co.douglas.or.us/health/PH/>

- WIC
- Family Planning
- Immunizations
- Mental Health Counseling
- Senior Services

Please call for appointment availability and program information

Veteran's Administration

(Call or visit for availability)

VA North Bend Community Based Outpatient Clinic

2191 Marion Street
North Bend, OR 97459
(541) 756-8002
FAX (541) 756-7503

<http://www2.va.gov/directory/guide/facility>

Roseburg VA Healthcare System

913 NW Garden Valley Blvd
Roseburg, OR
(541) 440-1000
Toll Free (800) 549-8387
Main Office # (541) 440-1225

www.roseburg.va.gov/

Veteran's Regional Administration

Services, Benefits Information, and Assistance

(800) 827-1000

<http://www.va.gov/>

Oregon Department of Veterans' Affairs

(800) 692-9666

www.oregon.gov/ODVA/

Curry County Courthouse

(541) 247-3205

call for appointment

<http://www.co.curry.or.us/Departments/Veterans-Services>

Coos County Courthouse

(541) 396-7590

E-Mail coosvets@co.coos.or.us

<http://www.co.coos.or.us/Departments/VeteransAssistance.aspx>

Southwestern Oregon Veteran's Outreach (SOVO)

Pony Village Mall, North Bend, OR
(541) 756-8718

Other appointments as needed

Bill Brady volunteer (541) 756-8718

<http://www.sovo4vets.org>

Mental Health
(Call or visit for availability)

Bay Area Hospital
Outpatient Psychiatric Services

2885 Thompson Road
Coos Bay, OR 97420
(541) 269-5333
FAX (541) 269-5609

<http://www.bayareahospital.org/mental.html>

Coos Health & Wellness

North Bend Annex
1975 McPherson Street Suite 2
North Bend, OR 97459
(541) 751-2500
FAX: (541) 751-2661
24-hour crisis calls (541) 751-2550
<http://www.mh.co.coos.or.us/>

Curry County Human Services

29821 Colvin Street
Gold Beach, OR 97444
(541) 247-4082
FAX (541) 247-5058

517 Railroad Avenue
Brookings OR 97415
(541) 469-3007

After Hours Mental Health Crisis Line
(877) 519-9322

Western Douglas County

680 Fir Avenue
Reedsport, OR 97467
(541) 271-4835
After Hours Mental Health Crisis Line
(800) 866-9780

<http://www.co.douglas.or.us/health/MH/>

Alcohol / Substance Abuse Resources **Services to Family & Friends – Support Groups**

(Call or visit for availability)

<p><u>Adapt</u> 400 Virginia Avenue, Suite 201 North Bend, OR 97459 (541) 751-0357 FAX (541)751-9985 http://www.adaptoregon.org/</p>	<p><u>Al Anon</u> Oregon Area District #8 Coos Bay, OR 97420 http://www.oregonal-anon.org/</p>
<p><u>Alcoholics Anonymous</u> Coos Bay (541) 269-3265 Florence (541) 902-0152 Curry County (541) 247-2506 Brookings (541) 469-2440 AA Hot Line 1-888-203-1432 http://www.aa-oregon.org/</p>	<p><u>Bay Area First Step</u> 1942 Sheridan Avenue North Bend, OR 97459 (541) 756-3111 FAX (541) 756-2111 http://www.bayareafirststep.org/</p>
<p><u>Crossroads</u> 3099 Diamond Lake Blvd, Roseburg, OR - Adults: men and women, mothers with children (541) 673-3469 24-hours www.drugrehaboregon.com/Oregon/Coos_Bay</p>	<p><u>Gambling Addiction</u> National Council on Problem Gambling 24-hour confidential hotline Toll free (800) 522-4700 http://www.ncpgambling.org/</p>
<p><u>MADD—Mothers Against Drunk Driving</u> (800) GET-MADD (800) 438-6233 (541) 343-8115 Eugene – Leave message only (541) 607-8452 http://www.madd.org/ e-mail: eugene.or@madd.org</p>	<p><u>Maslow Project</u> 740 South Second Street Coos Bay, OR (541) 297-4448 www.wfall.org/maslow</p>
<p><u>Narcotics Anonymous</u> PO Box 1263 Coos Bay, OR 97520 (541) 267-0273 24-hr Hotline www.pcrna.org/coosbay/</p>	<p><u>Serenity Lane Treatment Centers</u> Eugene Residential Program 616 East 16th Ave, Eugene 97401 (541) 687-1110 24-hr Central Information: (800) 543-9905 http://www.serenitylane.org/</p>
<p><u>South Coast Alano Club</u> 18361/2 Union Street North Bend, OR 97459</p>	<p><u>US Gambling Hotline- Oregon</u> Toll free (877) 695-4648</p>
<p><u>Willamette Family</u> Health, Wellness and Recovery Lane County: Cottage Grove, Eugene, Springfield (541) 344-0031 www.wfts.org</p>	

TRANSPORTATION

(Call or visit for availability)

<p style="text-align: center;"><u>Bay Cities Ambulance</u> 3505 SE Ocean Blvd Coos Bay, OR 97420 (541) 266-4300 http://www.baycitiesambulance.com/</p>	<p style="text-align: center;">Ambulance Services – 911 Emergency Inter-facility Transports Wheel Chair Van</p> <p style="text-align: center;"><i>Lifeguard</i> membership available</p>
<p style="text-align: center;"><u>Coos County Area Transit</u> Coos Bay, North Bend, Coquille (541) 267-7111 Bandon (541) 347-4131 Myrtle Point (541) 572-3151 www.coostransit.org</p>	<p style="text-align: center;"><u>Curry County Public Transit</u> Smith River, CA to North Bend, OR (800) 921-2871 Public Transit Dial-a-Ride Coastal Express http://www.currypublictransit.org/</p>
<p style="text-align: center;"><u>Millennium Transport</u> 1390 Airport Lane PO Box 1088 North Bend, OR 97459 Phone (541) 756-1400 or (866) 220-1917 FAX (866) 339-8743</p>	<p style="text-align: center;">Ambulatory, Stretcher, & Wheelchair Transport (Statewide) Monday through Friday 7:00 am – 7:00 pm Call to arrange weekend transport</p>
<p style="text-align: center;"><u>Ready Ride</u> (800) 479-7920</p>	

Yellow Cab Taxi

24-hour Dispatch

2700 Woodland Rd
 Coos Bay, OR 97420
 (541) 267-3111

<http://yellowcabcoosbay.com/>

<p style="text-align: center;"><u>Translink</u> Toll Free (888) 518-8160 http://www.rvtd.org/translink.php</p>	<p style="text-align: center;">Please call in advance to schedule a ride. Mon-Fri 7:00 am – 6:00 pm</p> <p>Have information ready when calling:</p> <ul style="list-style-type: none"> ▪ Medical Card ▪ Medical Appointment date, time ▪ Provider name, address, telephone number <p>Medical related transportation services for <i>eligible</i> Oregon Health Plan and Medicaid clients.</p>
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MEDICARE BASICS

For official government information online go to:

www.medicare.gov

<http://www.medicare.gov/publications/pubs/pdf/10050.pdf>

Reporting Abuse or Neglect

(Call or visit for availability)

All persons have the right to be free from mental, physical, sexual and verbal abuse, as well as freedom from neglect and exploitation.

Examples of Child Abuse, Neglect or Exploitation include:

- Physical abuse
- Sexual abuse or exploitation
- Neglect
- Mental injury or maltreatment
- Abandonment
- Threat of harm
- Child selling
- Fatality

Examples of Elder Abuse, Neglect or Exploitation include:

- Financial abuse or exploitation
- Neglect
- Self-neglect
- Caregiver abuse and neglect
- Psychological or emotional abuse
- Sexual abuse
- Abandonment
- Physical Abuse

<http://www.oregon.gov/DHS/children/abuse/>

<http://www.oregon.gov/DHS/spwpd/abuse>

Where to Report

If someone is being hurt or is in immediate danger, CALL 911 immediately.

Police Departments

Bandon	(541) 347-2241
Brookings	(541) 469-3118
Coquille	(541) 396-2114
Coos Bay	(541) 269-8911
Gold Beach	(541) 247-6671
Myrtle Point	(541) 572-2124
North Bend	(541) 756-3161
Powers	(541) 332-9013
Reedsport	(541) 271-2100

Children

Department of Human Service
Child Abuse and Neglect Reporting
(after-hours calls are forwarded)
Coos County (541) 756-5500
Curry County (541) 247-5437
Douglas County (541) 440-3373

Elderly / Developmentally Disabled Residents of Health Care Facility

Department of Human Service
Aging and People with Disabilities
3030 Broadway
North Bend, Or 97459
(541) 756-2017

<http://www.oregon.gov/DHS/spwpd/abuse>

Women's Safety Resource Center

1680 Newmark Ave.
Coos Bay, OR 97420

24- Hour Crisis Line

(541) 751-2550 or
Toll Free (888) 793-5612

<http://www.womensafety.org/>

Kids' HOPE Center

1925 Thompson Ave.
Coos Bay, Or 97420
(541) 266-8806
FAX (541) 266-9184

<http://www.oregon.gov/DHS/children/abuse/>

Resources

(Call or visit for availability)

Crime Victim Assistance

Coquille Courthouse (541) 396-7545
Gold Beach Courthouse (541) 247-7011
Reedsport Annex Courthouse (541) 271-3641

Aardvarc

An Abuse, Rape and Domestic Violence Aid and Resource Collection

<http://www.aardvarc.org/dv/states/ordv>

Office of the “Long Term Care Ombudsman”

(800) 522-2602

www.oregon.gov/LTCO/

Oregon Department of Justice

1162 Court Street NE
Salem, OR 97301-4096
(503) 378-4400

Oregon Law Center

455 South 4th Street, Suite 5
PO Box 1098
Coos Bay, Or 97420
(541) 269-1226
(800) 303-3638

<http://www.oregonlawcenter.org/>

Victims Assistance

Coquille Courthouse
(541) 396-7545

State of Oregon Department of Human Services Web Links:

<http://www.oregon.gov/DHS/abuse/domestic/index>.

<http://dhsforms.hr.state.or.us/Forms/Served/DE7808>

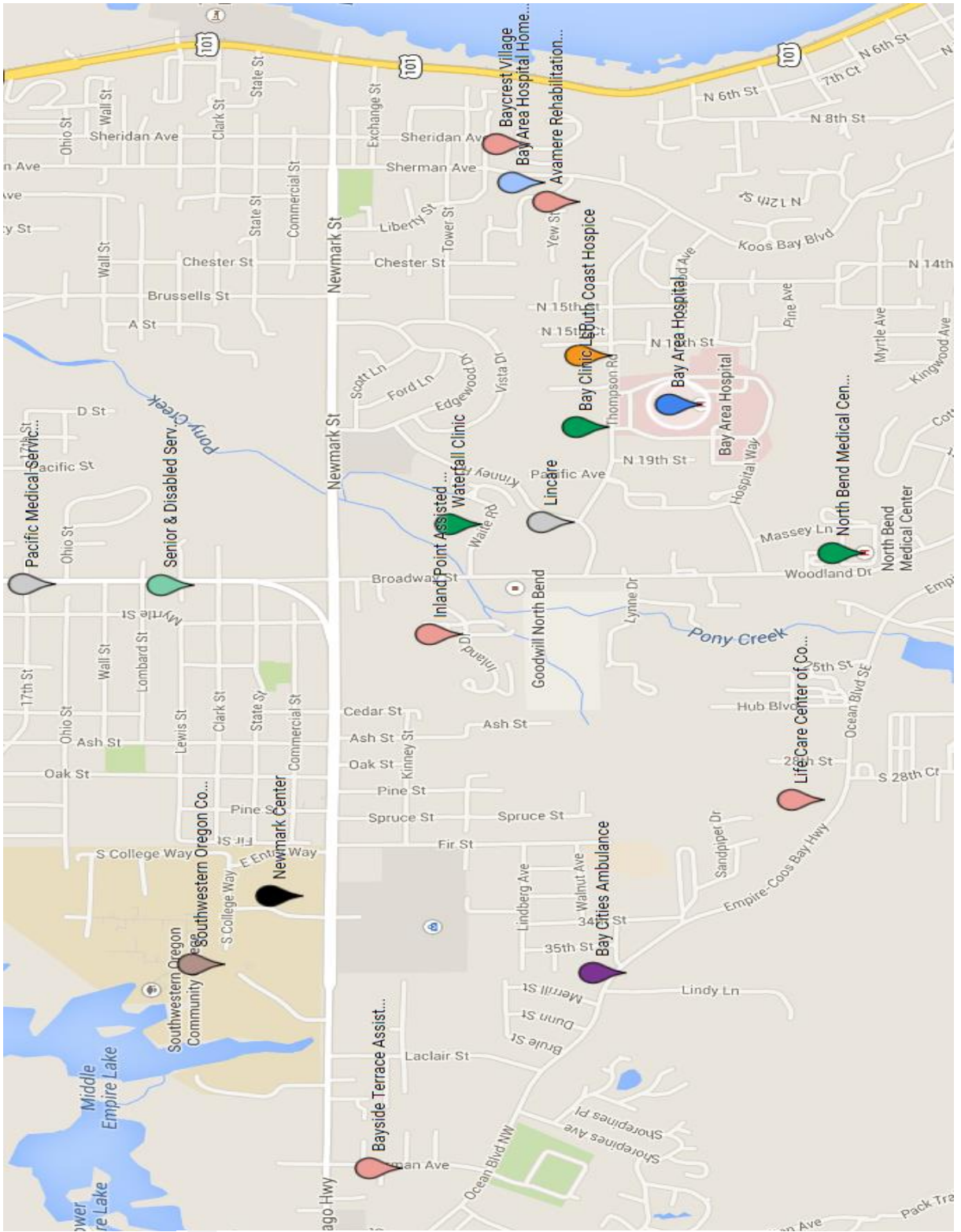
www.oidd.org/cca/oodh/ (Oregon Office on Disability and Health)

LOCAL MAP
COOS BAY & NORTH BEND, OREGON

(Call or visit for availability)

BAY AREA HOSPITAL 1775 Thompson Road Coos Bay, OR 97420	Southwestern Oregon Community College 1988 Newmark Ave. Coos Bay, OR 97420
NORTH BEND MEDICAL CENTER 1900 Woodland Drive Coos Bay, OR 97420	NEWMARK CENTER 1988 Newmark Ave Coos Bay, OR 97420
SOUTH COAST HOSPICE 1620 Thompson Road Coos Bay, OR 97420	BAY CITIES AMBULANCE 3505 Ocean Blvd SE Coos Bay, OR 97420
BAY CLINIC 1750 Thompson Road Coos Bay, OR 97420	PACIFIC MEDICAL SERVICES 2674 Broadway North Bend, OR 97459
AVAMERE REHABILITATION 2625 Koos Bay Blvd Coos Bay, OR 97420	Department of Human Services (DHS) 3030 Broadway North Bend, OR 97459
BAYCREST VILLAGE 3959 Sheridan Avenue North Bend, OR 97459	BAY SIDE TERRACE 192 Norman Ave. Coos Bay, OR 97420
WATERFALL CLINIC 1890 Waite Street North Bend, OR 97459	OCEAN RIDGE ASSISTED LIVING 1855 Ocean Blvd, SE Coos Bay, OR 97420
LINCARE 155 N. Schoneman Ave. Coos Bay, OR 97420	COOS COUNTY NORTH BEND ANNEX 1975 McPherson Street North Bend, OR 97459
INLAND POINT ASSISTED LIVING 2265 Inland Drive North Bend, OR 97459	COMMUNITY HEALTH & EDUCATION CENTER / BAH HOME HEALTH 3950 Sherman Ave. North Bend, OR 97459
LIFE CARE CENTER 2890 Ocean Blvd. SE Coos Bay, OR 97420	

Map on next page →



- Bay Area Hospital
- North Bend Medical Center
- South Coast Hospice
- Bay Clinic LLP
- Avamere Rehabilitation of Co...
- Baycrest Village
- Waterfall Clinic
- Lincare
- Inland Point Assisted Living...
- Life Care Center of Coos Bay
- Southwestern Oregon Comm...
- Newmark Center
- Bay Cities Ambulance
- Pacific Medical Services LLC
- Senior & Disabled Services
- Bayside Terrace Assisted Livi...
- Ocean Ridge Assisted Living
- Coos County Annex
- Bay Area Hospital Home Hea...